

Harm reduction in gambling, gaming and trading online

GENERAL INFORMATION

"Il Tempo è Denaro" and "Players - Sii il protagonista del tuo gioco" projects aim to reduce the risks related to pathological gambling, gaming and online trading through time and money management strategies. They operate in digital and physical contexts respectively, offering direct support with online interventions and mobile units in the proximity of gambling rooms of all kinds: slots, bingo, betting shops, tobaccoists, etc. They promote behavioural change and awareness among gamblers, promoting responsible habits.

The projects collaborate with addiction services to improve access to treatment.

IL TEMPO È DENARO

It is a regional Harm Reduction project active since 2020 from an idea of ASL TO3. After an initial work of mapping and observation of gambling contexts in the territory, a camper set up as a mobile clinic is positioned near gambling rooms. In this setting, operators meet gamblers immediately before and after their gambling session, dispensing Harm Reduction information material. Applying the principles of contingency management, the team makes challenge with gamblers in order to gauge their ability to manage the time or money devoted to gambling, rewarding players through the tool of benefits. Another tool used to take a snapshot of the gambler's gambling style is the questionnaire, which allows for personalized counselling. Finally, the constant relationship with the services favours the referral of potentially pathological players.

HARM REDUCTION TOOLS ASSOCIATED WITH GAMBLING PRACTICES



PLAYERS - SII IL PROTAGONISTA DEL TUO GIOCO

It is a provincial Harm Reduction project active since 2023 on the ASL AL territory. It integrates the traditional outreach intervention with a netreach action, aimed at the interception and early treatment of risk behaviour and addictions related to gambling, gaming and online trading. Tools available to operators include key fobs, timers and questionnaires on the intervention areas of online gaming and trading. In addition, the project has a workstation with gaming computers, which is used by operators in order to offer counselling directly within gaming. This innovative approach aims to develop a scientifically validated and exportable intervention model through structured research, data collection and analysis.

QUANTITATIVE DATA COLLECTED



HARM REDUCTION IN GAMBLING, GAMING AND TRADING

OUTREACH & NETREACH IN THE SOCIAL WORK



il tempo è denaro



An idea of Asl To3, Asl Al & Social Cooperative Alice Onlus



il tempo
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OUTREACH



The contingency management cycle





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TOOLS

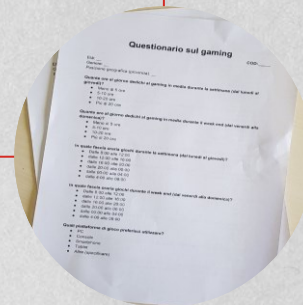


GAMBLER'S DIARY



TIMER

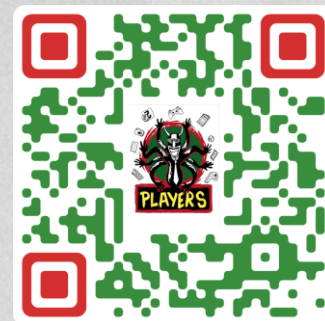
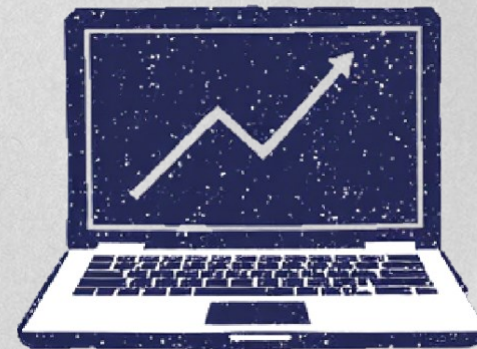
QUESTIONNAIRE & WORKSTATION SHEET



KEY FOBS



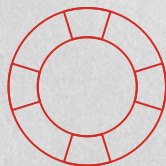
NETREACH



COUNSELLING



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**PERDERE TUTTO
NON È UN BEL GIOCO**

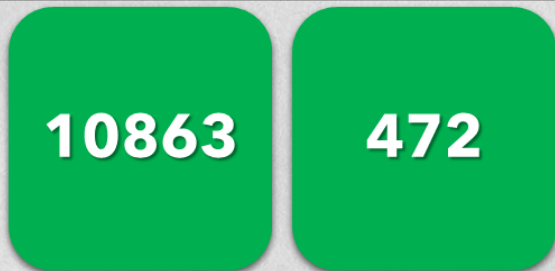


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COLLECTED DATA



CONTACTS	COUNSELLING
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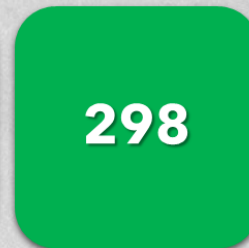
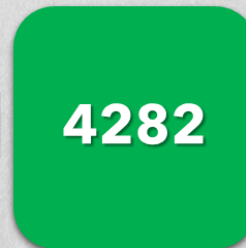
OUTREACH

FROM DEC - 21 TO
SEP - 24

CONTACTS	COUNSELLING
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OUTREACH

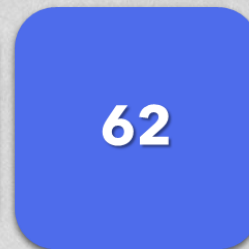
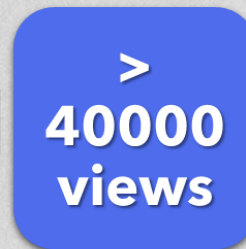
FROM SEP - 23 TO
SEP - 24

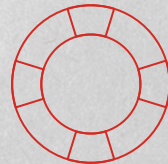
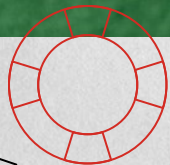


FROM SEP - 23 TO
DEC - 24

NETREACH

FROM MAY - 24
TO DEC - 24





THANKS FOR YOUR ATTENTION

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